

A large, thatched hut made of palm fronds stands on a sandy beach. The hut has a high, pointed roof and is supported by wooden posts. Inside the hut, several woven baskets or lanterns hang from the ceiling. The background shows a clear blue sky, palm trees, and the ocean. The text is overlaid on the image.

SOMOS MEDICINA

the Journey

Awaken the Inner Alchemist
through Ceremony, Community and Connection

Santa Marta, Colombia - December 16-22, 2024

Embark with us on this inner journey into the land of magical realism, where you ought to witness enchantment firsthand the magic to believe it! Join us in the Heart of the World, where the Caribbean Sea meets the exotic mystery of the Jungle and snow-capped mountains of the Sierra Nevada in Santa Marta, Colombia.

As you sign up for this unique journey, you not only set your intention to reconnect with your essence, you will unplug from the tasteless monotonous routine and fill the vessel of your body with the best medicine -- your own!



The **Somos Medicina** Journey offers a transformative experience through Ceremony, Community & Connection. Guided by Anetta and Luz, you will dive into your own healing and awaken your *Inner Alchemist*.

You will reignite your inner flame through traditional Kogi Ceremony, Cacao ceremony, Temazcal (Sweat lodge), Fire ceremony, and more.



You will soothe and strengthen your body and breath through daily Yoga, Meditation and Breathwork and will have time to integrate and relax by the sea or poolside.

Additionally, you'll receive two Munay Ki Rites, powerful transmissions that will boost your energy field to its fullest potential.





We will be spending 6 nights / 7 days at this paradisiacal and luxurious Boutique Beach Resort located along the Caribbean shores. The resort lies at the foothills of the impressive and magical Sierra Nevada in Santa Marta, the world's highest Coastal Mountain Range. Known as the Heart of the World, this region not only holds geographical significance but also supports a diverse range of thriving ecosystems.



Gitana del Mar is unique for its invitation to disconnect from external distractions and reconnect to the sacredness of your inner wisdom. Offering upscale eco-chic accommodations immersed in nature, you'll be surrounded by jungle life and the soothing sounds of one of the largest seas on Earth. You will nourish your body and mind with incredible gourmet meals and fresh juices sourced from the bounty of the area.





What is included:

- 6 nights lodging at Gitana del Mar Resort
- Airport transfer to Gitana del Mar
- 3 delicious & nourishing meals per day prepared by a private chef
- Daily Yoga & Meditation
- Breathwork sessions
- Ceremonies and Rites of Passage
- Shamanic Practices
- Tayrona Day Trip
- Salsa Night (with professional Salsa teacher)
- Unlimited access to luxurious pool
- All Colombian Taxes

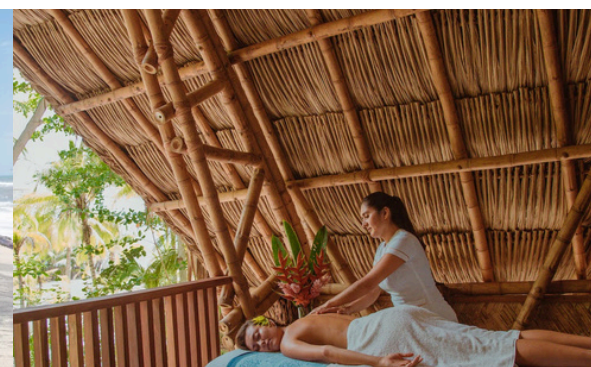
Not included:

- Flights to and from Santa Marta, Colombia
- Massage & Ayurvedic Spa Services at Gitana Del Mar
- Optional Excursions such as beach horseback riding, waterfall hike, snorkeling, surf classes, and more!
- Optional Alcoholic Beverages
- Tips to Gitana del Mar amazing staff and local guides
- Shamanic healing sessions with Anetta or Luz



Payment Plan Info:

A **\$700 non-refundable deposit** is required to reserve your spot on this magical journey.





We offer these accommodation options, prices *per person*:

Shared occupancy (triple or quad) **\$2,795 (US dollars)**

Double occupancy **\$2,995 (US dollars)**

Limited single room options available – Please contact us

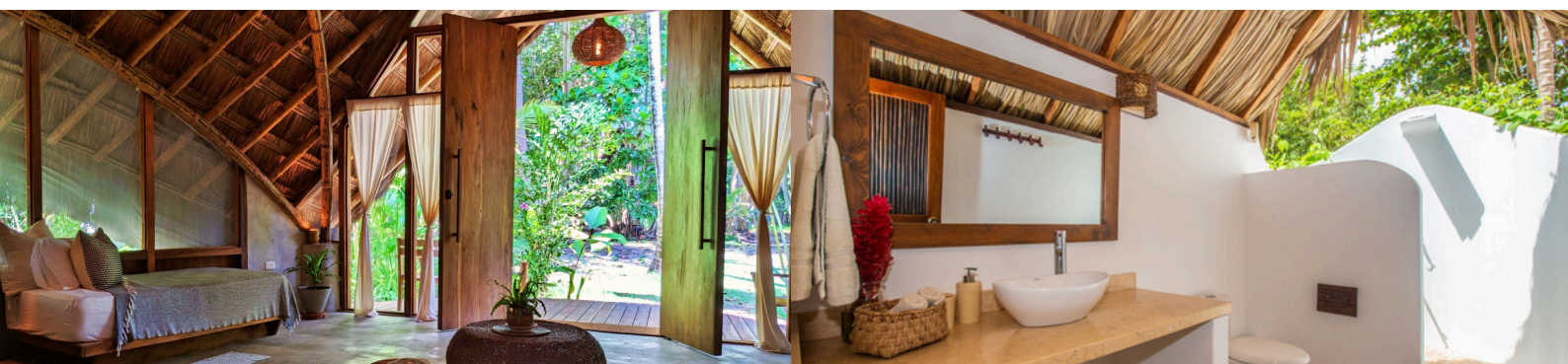
Early Bird: Book by June 15th, 2024 and save \$250!

The cost can be broken down to installments following receipt of the initial deposit. For example:

Shared occupancy (triple or quad): \$2,795 - \$250 discount = \$2,545. The initial deposit of \$700 is due by June 15th. The remaining balance of \$1,845 can be **paid in full** by *August 1*, or in **two installments** of \$922.50 by *August 1* and \$922.50 by *October 15*.

Cancellation policy: Each payment made after the initial \$700 is non-refundable unless we are able to fill your space.

We highly recommend you purchase travel insurance. Most policies protect you against potential trip delays or cancellations due to airline issues, family emergencies, illness, injury, etc. You are free to select your own policy provider, we recommend www.travelexinsurance.com or www.insuremytrip.com.





DO YOU FEEL THE CALL TO JOIN US IN THIS MAGICAL JOURNEY?

- Join our Facebook group and get more information about this event.
https://fb.me/g/p_B2hEDX2pDHDuB9tw/IIft4gT7
- Join our Whatsapp channel **Somos Medicina**
<https://whatsapp.com/channel/0029VaDbHrvl1rcnEcekMJ38>

“THE PRIVILEGE OF A LIFETIME IS TO BECOME WHO YOU TRULY ARE”

***Carl Gustav Jung**

SOMOS MEDICINA - *The Journey* // Santa Marta, Colombia - December 16-22, 2024

